



Spudder Families,

The 2A GSHL League will align with the [WIAA fall schedule](#) and offer all fall sports for high school beginning on 2/1/2021. The current season end date for this season is 3/21. Winter and spring seasons will be determined at a later date.

While low risk sports will be able to practice and compete while our region is in Phase 1, moderate and high risk sports will only be able to practice in Phase 1 and will have to wait until we reach Phase 2 for competition.

The [Healthy Washington Sport Guidelines](#) outline the sport risk categories, regional metrics, and practice guidelines.

To register, you will go to [FamilyID](#) and choose the fall sport you wish to register your participant for this season. This site will open up for registration on January 19th, at 8am. If you have used this platform in the past, it saves all of your information, but you need to register for each season separately. A current physical and proof of insurance is required. Fees will be determined at a later date.

Tennis (boys): Low risk. Practice and competition in Phase 1. A minimum of 5 practices is required, per athlete, before eligible for competition. Coach Andrea Kropp: andrea.kropp@ridgefieldsd.org

Cheer: Low risk. Practice in Phase 1, competition in Phase 2 to align with Football. A minimum of 5 practices is required, per athlete, before eligible for competition. Coach Alyssa Tomillo: alyssa.tomillo@ridgefieldsd.org

Golf: Low risk. Practice and competition in Phase 1. No minimum practice requirement. Coach Bob Ball: bob.ball@ridgefieldsd.org

Cross Country: Low risk. Practice and competition in Phase 1. A minimum of 5 practices is required, per athlete, before eligible for competition. Coach Angela Shields: angela.shields@ridgefieldsd.org

Volleyball: Moderate risk. Practice with limitations in Phase 1, in pods of 6, with competition beginning in Phase 2. A minimum of 5 practices is required, per athlete, before eligible for competition. Coach Sabrina Dobbs: sabrina.dobbs@ridgefieldsd.org

Soccer (girls): Moderate risk. Practice in Phase 1, with competition beginning in Phase 2. A minimum of 5 practices is required, per athlete, before eligible for competition. Coach Jeff Lukowiak: jeff.lukowiak@ridgefieldsd.org

Football: High risk. Practice with limitations in Phase 1, in pods of 6, with competition beginning in Phase 2. A minimum of 10 practices is required, per athlete, before eligible for competition. Coach Scott Rice: scott.rice@ridgefieldsd.org

We will be sending out more information throughout the next two weeks in regards to practice times/dates. Please let us know if you have any questions.

Thank you-

Brynan Shipley